Our nation's veterans deserve our unequivocal commitment to ensuring that they receive the disability, health, education and other benefits they have earned.

increases in Tricare premiums, deductibles and co-payments and will support efforts underway to look at the cost of sustaining Defense health care over the long term.

For more information about the Post-9/11 Veterans Educational Assistance Act of 2008 (GI Bill), please visit:

http://www.gibill.va.gov/

The Department of Veterans Affairs has founded a national suicide prevention hotline to ensure veterans in emotional crisis have free access to trained counselors. To learn more please visit

http://www.mentalhealth.va.gov/

The Department of Defense has compiled a comprehensive handbook listing benefits for services members and their families upon separation or retirement as a result of serious injury or illness. The handbook describes the disability eligibility process, various program qualifications, application procedures, and numerous resources. For more information or an electronic copy of the handbook please visit the following link:

http://turbotap.org

The Department of Veterans Affairs has created a new veteran health portal to optimize medical care. For more information, please visit http://www.myhealth.va.gov/

First Congressional District Veterans Advisory Council